

Borough of Rockaway

FEBRUARY 2024 NEWSLETTER



Rockaway Borough Recreation

CONTRIBUTE

NEWSLETTER GUIDELINES Do you have a photo you'd like to have considered for our cover? An event you'd like included? Please email rockboronewsletter@gmail.com. If you are submitting an event please be sure to include the date and location with a description. For images please email the image along with your name and the photo location. Deadline is always before the 15th of the PREVIOUS month in which the information is intended for inclusion. Your name, phone number and email must be included, in case of any questions. No classified ads.

UPCOMING MEETINGS	<u>2</u>
AROUND TOWN	<u>2</u>
PARKS & REC	<u>2</u>

LIBRARY.....	<u>8</u>
CANINE CORNER	<u>9</u>
GARBAGE AND RECYCLING	<u>10</u>

[To have our newsletter delivered to your email every month please click here.](#)

UPCOMING MEETINGS

MAYOR AND COUNCIL

Upcoming Meetings: February 10th, 17th, 22nd and 24th
[Click here for meeting schedule, minutes and agendas.](#)

LAND USE BOARD

Upcoming Meetings: February 6th
[Click here for meeting schedule, minutes and agendas.](#)

PARKS & RECREATION

Upcoming Meeting: February 27th
[Click here for meeting schedule, minutes and agendas.](#)

BOARD OF HEALTH

Upcoming Meeting: February 13th
[Click here for meeting schedule, minutes and agendas](#)

HISTORICAL COMMITTEE

Upcoming Meeting: February 24th
[Click here for meeting schedule, minutes and agendas](#)

**ALL MEETINGS HELD AT THE COMMUNITY CENTER
UNLESS OTHERWISE NOTED**



AROUND TOWN

ROTARY CLUB OF THE ROCKAWAYS

Scholarship Information for 2024

If you are a twelfth grader living in either Rockaway Borough or Rockaway Township and attending local high schools, the Rotary Club of the Rockaways will once again be offering four scholarships this year to qualified students. For information regarding criteria and applications, please check out the following webpage link. Deadline for submission is 4/12/24.

[Please click here for more info](#)

PARKS & REC

RECREATION DEPARTMENT

Reminders

Ice skating is not permitted on Park Lake and dog waste can now be placed in the garbage receptacles around the lake.

Dog/Cat Licenses

Pursuant to borough ordinance, all dogs and cats seven months or older must be licensed and have a current tag affixed to a collar or harness. Dog and cat licenses are due by February 28th of each year. If the renewal is received after the February 28th deadline, there will be a late fee.

[Cat License Application](#)

[Dog License Application](#)



Rockaway Boro Little League

2024 SPRING REGISTRATION

Come join our Rockaway Boro Little League Family!
Learn new skills, make new friends, and most importantly HAVE FUN!

Practices start late March/early April
Regular season runs until June

Opening Day Ceremony for Players, Coaches and Families

Registration is open now until February 15th, 2024

Sign up online: <http://www.rockawayboroll.org/>

Divisions:

- T-Ball (Co-Ed)
- Farm/Coach Pitched Baseball or Softball
- Minors thru Senior Divisions
 - For Baseball & Softball

Fees:

T-Ball- \$40

Coach Pitched thru Senior: \$80

Monthly League Meeting:

Last Friday of every month at 7pm

Community Center: 21-25 Union Street, Rockaway, NJ 07866

Questions? Please email: rbllboard@gmail.com

Scan Our QR and
Follow Our Facebook Page



RBLL Facebook

ALL COACHES & VOLUNTEERS MUST BE RUTGERS CERTIFIED

Not certified? We can help.

****Rockaway Boro Little League is not affiliated with the Rockaway Borough School District****

ROCKAWAY ROWDIES SOCCER

-REGISTRATION NOW OPEN-

January 21, 2024 - February 24, 2024

AT [ROCKAWAYROWDIES.COM](https://rockawayrowdies.com)

Open to all Rockaway Boro residents:

5 and 6 year olds:

-Practice 1 hr. per week for approx. 8 weeks

1st thru 8th Grade

-Practice 2-4 hours per week, 1 game per week for approx. 8 weeks

To register:

- Visit rockawayrowdies.com
- Select "Register"
- Create your new account and follow prompts.

All of our latest information can be found on our website. However, if you have questions regarding our programs, are interested in volunteering, or need assistance with the registration process, please email Rob O'Connor at rockborosoccer@gmail.com.



DENVILLE STRIDERS 2024 SPRING TRACK SEASON

Registration is now **OPEN**

Denville and Rockaway Boro residents

Clinic Level ages 6-8 \$70

ages 9-15 \$90

www.denvillestriders.com



Follow us on Facebook [DenvilleStridersTrack](https://www.facebook.com/DenvilleStridersTrack)

50m • 100m • 200m • 400m • 800m • Mile • 4 x 100 Relay
clinic level only
Long Jump • Shot Put

BECOME A REFEREE!

**“ALL NEW” BECOME A REFEREE
BY COMPLETING AN ONLINE DIGITAL COURSE**
RESTRICTIONS APPLY

**DOING SOMETHING YOU LOVE &
MAKING GREAT MONEY WHILE HAVING FUN.**

**MINIMUM AGE OF 13
ADULTS ARE WELCOME**

**TO REGISTER
GO TO
NJREFS.COM
UNDER THE BECOMING
A REFEREE TAB.**

**FOR MORE INFORMATION EMAIL:
mcysaassignor@gmail.com**



Hats off for Helmets!

Win a season pass to Mountain Creek, or a Zuke Board Shield for the 2024-2025 season!

Take the lead and create a Ski/Snowboard Helmet Logo that will inspire everyone to use a helmet when you ride or ski!

Safe Kids Northern New Jersey, The Trauma Service of Morristown Medical Center, Mountain Creek, and Zuke Sports are sponsoring this exciting contest.

Get Started Now!

Create your logo in any medium.

Be sure it fits within the template attached.



Entries must be received by **March 1, 2024**

Email: karenjean.feurry@atlantichhealth.org

Snail Mail: Morristown Medical Center
Safe Kids Northern NJ Box 88
100 Madison Ave.

Morristown, New Jersey 07960

Eligible Students:

1st-5th grade, 6th-8th grade, 9th-12th grade

LIBRARY EVENTS

ROCKAWAY BORO LIBRARY

MARDI GRAS MASKS*

Saturday, February 10 ~ 10:30am. Ages 5-9.

Create colorful Mardi Gras masks with friends.

VALENTINE MASON JARS*

Monday, February 12 ~ 6:00pm. Adults 18 and up.

Make decorative Valentine's mason jars just in time to give a loved one or for yourself.

WINTER STORYTIME & CRAFT w/Ms. GERI*

Tuesday, February 13 ~ 11:00am. Ages 2-6.

TIME FOR TOTS w/Ms. LAUREN*

Friday, February 16 ~ 11:00-11:45am. Ages 1-5.

MAKE YOUR OWN SENSORY BIN*

Saturday, February 17 ~ 10:30am. Ages 2-6.

Create fun and colorful sensory bins with friends. (Parent supervision is required.)

ART JOURNALING HOUR!*

Tuesday, February 20 ~ 4:00pm. Ages 18 and up.

Come to the library to work on your art journal! Art journals are a visual diary where you can explore memories, thoughts, feelings, emotions, etc. with any type of art that you enjoy. Participants can bring supplies from home or share ours as they work on creating a new page for their journal. First-time participants will receive a journal and supplies to start their process. This hour is meant to provide your creative spirit a safe place to express itself with any manner of art that you choose.

KNIT AND CROCHET GROUP

Thursday, February 22 ~ 11:00am-12:30pm. Adults 18 and up.

BOOK LOVERS MEETING*

Wednesday, February 22 ~ 6:30pm. Adults 18 and up.

AFTER SCHOOL GAME CLUB*

Friday, February 23 ~ 3:30-4:30. Ages 7-17. Uno.

Kids and teens meet to play board games and card games. Bring in a game of your own or play the library's pick.

COFFEE & CONVERSATION - LET'S CHAT ABOUT BOOKS*

Friday February 23 ~ 11:00am. Adults 18 and up.

Meet new friends, have coffee, and chat about the books we're reading. We'll also discuss ideas for future meetups.

LET'S DISH!*

Monday, February 26 ~ 1:30pm. Adults 18 and up.

Geri will discuss recipes & share tips. Bring a copy of a recipe you love!

MONTH LONG EVENTS IN FEBRUARY:

Blind Date with a Book for Adults 18+

Pick out a wrapped book and determine if the book is a dud or a dream come true. Everyone who checks out a wrapped book will receive a chocolate treat.

Black History Scavenger Hunt for Ages 5-18

Link on our website.

[To register for events
please click here.](#)

*registration required

CANINE CORNER

Walks are Win/Win for You and Your Dog

Rockaway Borough has quite a few dog owners or dog guardians as I like to refer to them. I know this because every day I walk my two Jack Russell Terriers and we say hello to all of our canine neighbors. We walk when it's cold, rainy, windy...the only days we don't walk is when it is too hot for their paws to be on the pavement or concrete. (You can tell this by putting the back of your hand on the ground - too hot for you means too hot for them.)

Walking is a natural state for dogs. Just like birds fly and fish swim...dogs walk. It's become a meditation of sorts and how we start our day...and end our day...and maybe take a midday break. We walk a lot. For us guardians, it is a great opportunity to catch up on phone calls or listen to an audio book or podcast, and of course, get some exercise. Most of our walks are about 20-30 minutes. If we have more time or the weather is particularly nice, a walk might be an hour or more.

Regular dog walks benefit your dog mentally and physically.

Walks keep your dog flexible and agile. In younger dogs, it can reduce inflammation in their bodies keeping their joints healthy as they age. In older dogs with health conditions such as arthritis, short gentle walks can offer relief. (Of course, check with your veterinarian first if your dog has any medical conditions so you're certain not to overdo it.)

Walks improve your dog's digestive and urinary systems. Yes, peeing on every blade of grass is actually good for them! Sometimes they have to find just the right spot to go...and go again...and again.

Walks reduce anxiety and depression that can in turn reduce destructive behaviors in your dog because they have an outlet for stress relief.

Mental stimulation found by sniffing everything is how they interact with their world. A dog's sense of smell is 1,000-10,000 times better than a human's. There is a lot more going on out there than we think. This interaction can also reduce stress which again, can reduce destructive behaviors at home.

Clearly there's a benefit for our canine friends, but how can we make it even more enjoyable for us? Here is a list of my must-haves for dog walks:

1. **Poop bags.** Gone are the days when we can reuse our plastic shopping bags so we need an alternative. I happen to prefer the biodegradable ones. #1 rule of dog walks is clean up after your pet. Let's face it - nothing ruins your day like stepping in dog poop.
2. **Gloves with the tip of the fingers and thumbs cut off.** Despite what kind of bags you use, it's nearly impossible to get them open with gloved hands.
3. **Headlight.** Since it gets dark pretty early right now, it's important to be able to see where you're going obviously. Also, it's easier to clean up after your pet if you have a headlight rather than a flashlight. There are lights that attach to your jacket and ones that are part of your hat.
4. **Properly fitted, reflective leash/collar.** It's important that drivers are able to see you and your pooch walking. Be mindful that new sights and sounds can be distracting too. It's important to have a good grip on a sturdy leash and a collar or harness that's fitted properly so if they get started, they won't run off.
5. **Bluetooth.** What better time to catch up with a friend on the phone, finish the next chapter of your audiobook, or listen to the latest episode of your favorite podcast! Bluetooth keeps your hands free for effective dog management.
6. **Extra poop bags** because even when you think you have enough, there's always one more.
7. **Paw protection.** For cold weather, the salt and sand are going to irritate their paws. They might get debris stuck in their pads. When you come back from a cold weather walk, it's a good idea to have a towel or baby wipes ready to quickly wipe off their paws. For hot weather, avoid hot pavement and concrete at all costs. It can cause painful burns to their pads. If you can get your dog to wear booties, you're likely set in either season and you're my hero.

Rachel Kelly is a Humane Educator and Community Advocate dedicated to preserving and honoring the bond that humans have with their pets - especially dogs.

GARBAGE

SANITATION DEPARTMENT

ROUTE A GARBAGE THURSDAYS

Adams Street	Dominic Drive	Hyland Avenue	Mt. Pleasant Avenue	Sweetbriar Road
Addison Avenue	Duncan Lane	Kelly Court	Nichols Drive	Sylvan Way
Andrea Drive	Easton Avenue	Lakeside Drive	Overlook Drive	Valley View Road
Arbor Avenue	Elycroft Avenue East	Lawrence Drive	Phillip Drive	W. Longview Road
Baker Street	Elycroft Avenue West	Lindbergh Lane	Pleasant Place	West Main Street from
Birchwood Road	Farview Drive	Longview Road	Robert Street	Lakeside Drive westerly
Cedar Lane	Farview Road	Mannino Drive	Rose Lane	to Route 46
Centennial Drive	Glenview Place	Marshall Avenue	Route 46 from West Main	Walnut Place
Chester Avenue	Harrison Avenue	McKinley Drive	Street to Franklin Avenue	William Drive
Chestnut Terrace	Hemlock Road	Meadowview Avenue	Spruce Street	White Birch Drive
Crestwood Road	Hickory Place	Monroe Place	Stephen Place	Willow Avenue
David Drive	Highview Avenue	Mountain Road	Swedes Mine Road	Woodland Avenue

ROUTE B GARBAGE FRIDAY

Academy Street	Douglas Road	Hillside Avenue	Marilyn Drive	Stickle Avenue
Adler Court	Drake Avenue	Hill Street	Mill Lane	Summit Street
Ann Street	East Flagge Street	Hoagland Avenue	Mott Place	Union Street
Bank Street	East Main Street from	Jackson Avenue	Oak Street	Van Duyne Avenue
Barnett Street	Jackson Avenue	James Court	Ogden Avenue	West Flagge Street
Beach Street	easterly to Route 46	Jay Street	Orchard Street	West Lincoln Avenue
Broad Street	East New Street	Jefferson Street	Pine Street	West Main Street from
Brook Street	Elm Street	John Street	Rockaway Avenue	Jackson Avenue to
Burton Lane	Franklin Avenue	Keller Avenue	Rockwood Drive	Lakeside Drive
Central Avenue	Garden Avenue	Kelsey Street	Route 46 from East Main	West New Street
Chateau Gardens	George Street	Laurelwood Drive	Street to Franklin	Wall Street
Church Street	Gill Avenue	Liberty Place	Avenue	White Meadow Avenue
Cobb Street	Halsey Avenue	Lincoln Avenue	Seminole Avenue	Woods Edge on Route 46
Dock Street	Hibernia Avenue	Maple Avenue	Seward Street	Woodside Avenue
Donna Drive	Highland Avenue	Maplewood Drive	Short Street	Woodstone Road

RECYCLING

Recycling Collection

Every other Tuesday | Place recycling at the curb the night before. See schedule below for details and exceptions.

February	13	27	June	4	18	October	8	22	
March	12	26	July	2	16	30	November	5	19
April	9	23	August	13	27	December	3	17	31
May	7	21	September	10	24				

Vegetative collection

Every other Thursday April-December | Vegetative Collection includes grass, leaves and brush. Place leaves and grass in biodegradable brown paper bags or open containers with handles. Keep brush separate from grass and leaves. Do not sweep leaves into the gutter or street. Branches or brush must be tied with string in bundles not to exceed 18 inches in diameter and 4 feet in length. No limbs or brush over 3 inches in diameter will be accepted. Collections should be at the curb the night before.

April	3	17	July	10	24	October	2	16	30
May	1	15	29	August	7	21	November	13	27
June	12	26	September	4	18	December	11	26	

[To download the full garbage and recycling newsletter please click here.](#)



SCAN ME

Download the Recycle Coach app to get official waste & recycling information from your local government.

[Scan the code above with your phone or click here.](#)