

Borough of Rockaway

MARCH 2024 NEWSLETTER



Rockaway Borough Recreation

CONTRIBUTE

NEWSLETTER GUIDELINES Do you have a photo you'd like to have considered for our cover? An event you'd like included? Please email rockboronewsletter@gmail.com. If you are submitting an event please be sure to include the date and location with a description. For images please email the image along with your name and the photo location. Deadline is always before the 15th of the PREVIOUS month in which the information is intended for inclusion. Your name, phone number and email must be included, in case of any questions. No classified ads.

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[To have our newsletter delivered to your email every month please click here.](#)

UPCOMING MEETINGS

MAYOR AND COUNCIL

Upcoming Meetings: March 28th

[Click here for meeting schedule, minutes and agendas.](#)

LAND USE BOARD

Upcoming Meetings: March 5th and 27th

[Click here for meeting schedule, minutes and agendas.](#)

PARKS & RECREATION

Upcoming Meeting: March 26th

[Click here for meeting schedule, minutes and agendas.](#)

BOARD OF HEALTH

Upcoming Meeting: March 12th

[Click here for meeting schedule, minutes and agendas](#)

HISTORICAL COMMITTEE

Upcoming Meeting: March 23rd

[Click here for meeting schedule, minutes and agendas](#)

**ALL MEETINGS HELD AT THE COMMUNITY CENTER
UNLESS OTHERWISE NOTED**



AROUND TOWN

ROTARY CLUB OF THE ROCKAWAYS

Scholarship Information for 2024

If you are a twelfth grader living in either Rockaway Borough or Rockaway Township and attending local high schools, the Rotary Club of the Rockaways will once again be offering four scholarships this year to qualified students. For information regarding criteria and applications, please check out the following webpage link. Deadline for submission is 4/12/24.

[Please click here for more info](#)

PARKS & REC

RECREATION DEPARTMENT

Reminders

Ice skating is not permitted on Park Lake and dog waste can now be placed in the garbage receptacles around the lake.

PROJECT HEALTHY BONES

PEER LEADER TRAINING

Project Healthy Bones (PHB) is a 24-week exercise and educational program for older adults with or at risk for osteoporosis. The main goal of Project Healthy Bones is to reduce falls and fractures by improving posture, balance, strength, and flexibility, and by encouraging a bone-healthy lifestyle.

Being a Peer Leader is rewarding! Not only will you be able to improve your own well-being – you will be able to help fellow peers in your community and make lifelong friends who share common goals!



TRAINING DATES HERE

March 7, 2024: 9:30 AM – 3:00 PM

March 8, 2024: 9:30 AM – 1:30 PM

TRAINING LOCATION:

Rockaway Township Senior Center

19 Mt. Hope Road, Rockaway, NJ 07866

Trainees must attend **both days of the training to receive Peer Leader Certification. **Registration is required for this training.***

FOR MORE INFORMATION AND TO REGISTER, PLEASE CONTACT:

Cheryl Walters

973-784-4900 x 2903

waltersc@norwescap.org

REGISTRATION DEADLINE: February 29, 2024

POA 200
**EASTER EGG
HUNT 2024**

DATE CHANGE DUE TO RAIN

Saturday, March 30th 2024 9 A.M.

Friendship Field
Municipal Lot #1
Barge Way, Rockaway Borough

Open to Rockaway
Borough residents and
those who attend
Rockaway Borough
schools, 5th grade and
below

Every child will receive candy.
**PLEASE DO NOT FORGET AN
EASTER BASKET**





The Municipal Alliance of the Rockaways is sponsoring a
COMMUNITY POLICING EVENT.
WE HOPE THAT YOU AND YOUR FAMILY WILL JOIN US
Saturday April 27th at Rockaway Lanes, RT 46 In Rockaway
From 12-2

Please reply to rockawaymac@gmail.com with your name and contact information and how many people will be bowling.

Pizza and soda is included for all bowlers.

Name: _____ Email Address: _____

I wish to bowl
with: _____

My child has the following allergies or health issues

Reservations will be on a first come first serve basis.
We can accommodate up to 100 people.

You will receive a response to your email that will guarantee your spot.

Brenda Budd-Dunn
Municipal Alliance Coordinator

LIBRARY EVENTS

ROCKAWAY BORO LIBRARY

ENGLISH LANGUAGE LEARNERS CLASS*

Mondays, March 4, 11, 25; April 1, 8, 15, 22 ~ 6:30pm-7:30pm. Adults 18 and up.

Learn English through conversation, short grammar lessons, and games. Register once for the seven week session.

AFTER SCHOOL GAME CLUB*

Friday, March 8 and Friday, March 22, 3:30-4:30. Ages 8-18.

Kids and teens meet in the library to play board games and card games. Bring in a game of your own or play one of ours.

BUNNY ROPE COASTERS*

Monday, March 11 ~ 6:30pm. Adults 18 and up.

Make an adorable Bunny Rope Coaster with Geri just in time for your Springtime beverages.

SPRING STORYTIME & CRAFT w/Ms. GERI*

Tuesdays, March 12 through April 16 ~ 11:00am. Ages 2-5.

Join Ms. Geri for six weeks of Spring stories and a craft beginning on Tuesday, March 12. Weekly registration is required.

AFTER THE REVOLUTIONARY WAR*

Wednesday, March 13 ~ 6:30 pm. Adults 18 and up. Hybrid lecture.

Joel Farkas presents an interesting, informative lecture about life after the Revolutionary War.

ADDAMS FAMILY TRIVIA*

Thursday, March 14 ~ 4:00pm-4:30pm. Ages 11-18.

To celebrate TJ's spring musical, The Addams Family, the library is hosting a trivia competition on the TV show, movies and the Netflix series: Wednesday. Bring a phone or tablet because the contest will be on Kahoot!

TIME FOR TOTS w/Ms. LAUREN*

Friday, March 15 ~ 11:00-11:45am. Ages 1-5.

10TH ANNUAL NJ MAKERS DAY

Saturday, March 16 ~ 10:00am-1:30pm. Ages 7 and up. Drop in anytime during the event.

Explore the world of creativity thru hands-on experiences featuring micro:bits, snap circuits & other engineering activities.

LET'S DISH!*

Monday, March 18 ~ 1:30pm. Adults 18 and up.

ART JOURNALING HOUR!*

Tuesday, March 19 ~ 4:00pm. Ages 18 and up.

Work on your art journal! Artistic talent not necessary to enjoy this form of creative expression. Supplies provided or BYO.

SENSORY BIN SATURDAYS*

Saturday, March 23 ~ 11:00am. Ages 2-6.

Make a Spring-themed sensory bin this month during our new monthly sensory bin Saturday program.

BOOK LOVERS MEETING*

Wednesday, March 27 ~ 6:30pm. Adults 18 and up.

KNIT AND CROCHET GROUP

Thursday, March 28 ~ 11:00am-12:30pm. Adults 18 and up.

[To register for events
please click here.](#)

*registration required

CANINE CORNER

Spring has Sprung - Doggie Do's and Don'ts

Now that the weather is getting a bit warmer, my two fur babies and I see quite a few dogs on our walks. We walk a lot - every day, usually several times a day. Isn't it funny how when we do meet each other's dogs, we introduce our dogs by name and that person forever becomes known as "Max's Mom" or "Lola's Dad"? I don't know most of my neighbors' names, but I sure do recognize their dogs. It's also great to see our dog-friendly friends who walk or jog in the neighborhood. Walking around the neighborhood allows us to enjoy more of what we miss when driving - new babies coming home, graduations, beautiful gardens, and even holiday decorations.

There are some things that we should keep in mind now that we are all getting outdoors and walking around town. Doggie etiquette is an important part of making our walks enjoyable and keeping our four-legged best friends safe.

- 1. Do Scoop Your Poop.** Please! Bring several bags with you just in case Fido decides to clear out and go several times. If you run out of bags, it really means a lot to your neighbors if you come right back after your walk and collect the deposit. You can always ask another dog walker for a bag too. There are quite a few garbage cans around downtown - use them. Don't put poop bags in the sewers - they are for water going to the river, not your dog's poop.
- 2. Do Keep Control of Your Dog.** This is paramount. A sturdy, well-fit collar/harness and leash is XXX for the safety of your dog and other animals and property. If your dog isn't dog friendly, wait in a driveway for others to pass or simply cross the street. Talk to a trainer about how to correct your dog's misbehavior. Practice makes (almost) perfect. Be patient with your dog and others if they are training.
- 3. Don't Greet a Stranger Unless They Ask.** The same rule applies if you want to meet another dog. Ask first and respect the other person's response. It's ok to say, "sorry, we're in a hurry today" or "maybe another time" if you or your dog are not up for making friends that day. Keep in mind too, not all people are dog friendly. Not everyone will think it's cute for your dog to sniff them or bark at them. Be respectful of personal space.
- 4. Do Respect Places that are Dog Free.** Not everyone wants your dog around and some places in town are dog free. Some people won't feel comfortable enforcing posted signs that say "dogs prohibited" so let's just agree to follow the rules. Even though your dog may be well-behaved, not everyone is a dog person. I know, I don't understand it but I respect it. I do hope that our non-dog neighbors understand that we do try our best.
- 5. Don't Play While on Leash.** If you meet another dog on a walk and it's ok with their human, let the dogs sniff each other for 5 seconds and move on. Letting your dog play with another dog while on leash can result in injury to your dog and/or you. Off-leash play is what dog parks and backyards are for.

The only thing my dogs and I wish other people would do is pick up their trash. Wind can knock over garbage and recycling cans and trash can fall out of your car accidentally. Trash is stinky and so dogs are very interested in checking it out. No one wants their dog eating rotting food or other smelly garbage. Picking up garbage would be a big help to keeping our dogs happy and healthy on their walks.

Walking is great exercise for your dog. Interacting with new surroundings outside your home is great for their mental health too. If you are having trouble with training your dog to walk nicely on a leash, there are resources available. Common problems include pulling, slipping out of collars, wanting to dart after every squirrel or chipmunk, and excessive barking. There are numerous trainers and training schools right here in Rockaway. Reach out and enroll your dog in a class or schedule a private session. Investment in training is worth it for a lifelong happy pup.

Rachel Kelly is a Humane Educator and Community Advocate dedicated to preserving and honoring the bond that humans have with their pets - especially dogs.

GARBAGE

SANITATION DEPARTMENT

ROUTE A GARBAGE THURSDAYS

Adams Street	Dominic Drive	Hyland Avenue	Mt. Pleasant Avenue	Sweetbriar Road
Addison Avenue	Duncan Lane	Kelly Court	Nichols Drive	Sylvan Way
Andrea Drive	Easton Avenue	Lakeside Drive	Overlook Drive	Valley View Road
Arbor Avenue	Elycroft Avenue East	Lawrence Drive	Phillip Drive	W. Longview Road
Baker Street	Elycroft Avenue West	Lindbergh Lane	Pleasant Place	West Main Street from
Birchwood Road	Farview Drive	Longview Road	Robert Street	Lakeside Drive westerly
Cedar Lane	Farview Road	Mannino Drive	Rose Lane	to Route 46
Centennial Drive	Glenview Place	Marshall Avenue	Route 46 from West Main	Walnut Place
Chester Avenue	Harrison Avenue	McKinley Drive	Street to Franklin Avenue	William Drive
Chestnut Terrace	Hemlock Road	Meadowview Avenue	Spruce Street	White Birch Drive
Crestwood Road	Hickory Place	Monroe Place	Stephen Place	Willow Avenue
David Drive	Highview Avenue	Mountain Road	Swedes Mine Road	Woodland Avenue

ROUTE B GARBAGE FRIDAY

Academy Street	Douglas Road	Hillside Avenue	Marylin Drive	Stickle Avenue
Adler Court	Drake Avenue	Hill Street	Mill Lane	Summit Street
Ann Street	East Flagge Street	Hoagland Avenue	Mott Place	Union Street
Bank Street	East Main Street from	Jackson Avenue	Oak Street	Van Duyne Avenue
Barnett Street	Jackson Avenue	James Court	Ogden Avenue	West Flagge Street
Beach Street	easterly to Route 46	Jay Street	Orchard Street	West Lincoln Avenue
Broad Street	East New Street	Jefferson Street	Pine Street	West Main Street from
Brook Street	Elm Street	John Street	Rockaway Avenue	Jackson Avenue to
Burton Lane	Franklin Avenue	Keller Avenue	Rockwood Drive	Lakeside Drive
Central Avenue	Garden Avenue	Kelsey Street	Route 46 from East Main	West New Street
Chateau Gardens	George Street	Laurelwood Drive	Street to Franklin	Wall Street
Church Street	Gill Avenue	Liberty Place	Avenue	White Meadow Avenue
Cobb Street	Halsey Avenue	Lincoln Avenue	Seminole Avenue	Woods Edge on Route 46
Dock Street	Hibernia Avenue	Maple Avenue	Seward Street	Woodside Avenue
Donna Drive	Highland Avenue	Maplewood Drive	Short Street	Woodstone Road

RECYCLING

Recycling Collection

Every other Tuesday | Place recycling at the curb the night before. See schedule below for details and exceptions.

March	12	26	June	4	18	September	10	24	
April	9	23	July	2	16	30	October	8	22
May	7	21	August	13	27	November	5	19	
						December	3	17	31

Vegetative collection

Every other Thursday April-December | Vegetative Collection includes grass, leaves and brush. Place leaves and grass in biodegradable brown paper bags or open containers with handles. Keep brush separate from grass and leaves. Do not sweep leaves into the gutter or street. Branches or brush must be tied with string in bundles not to exceed 18 inches in diameter and 4 feet in length. No limbs or brush over 3 inches in diameter will be accepted. Collections should be at the curb the night before.

April	3	17	July	10	24	October	2	16	30
May	1	15	29	August	7	21	November	13	27
June	12	26	September	4	18	December	11	26	

[To download the full garbage and recycling newsletter please click here.](#)



SCAN ME

Download the Recycle Coach app to get official waste & recycling information from your local government.

[Scan the code above with your phone or click here.](#)