

## CONTRIBUTE

**NEWSLETTER GUIDELINES** Do you have a photo you'd like to have considered for our cover? An event you'd like included? Please email <u>rockboronewsletter@gmail.com</u>. If you are submitting an event please be sure to include the date and location with a description. For images please email the image along with your name and the photo location. Deadline is always before the 15th of the PREVIOUS month in which the information is intended for inclusion. Your name, phone number and email must be included, in case of any questions. No classified ads.

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## **UPCOMING MEETINGS**

## **MAYOR AND COUNCIL**

Upcoming Meetings: September 11th and 28th <u>Click here for meeting schedule, minutes and agendas.</u>

## LAND USE BOARD

Upcoming Meetings: September 27th Click here for meeting schedule, minutes and agendas.

## **PARKS & RECREATION**

Upcoming Meeting: September 26th Click here for meeting schedule, minutes and agendas.

## **BOARD OF HEALTH**

Upcoming Meeting: September 12th - VIRTUAL Click here for meeting schedule, minutes and agendas

## **HISTORICAL COMMITTEE**

Upcoming Meeting: September 23nd Click here for meeting schedule, minutes and agendas

## **ENVIRONMENTAL COMMISSION**

Upcoming Meeting: September 13th <u>Click here for meeting schedule, minutes and agendas.</u>



ALL MEETINGS HELD AT THE COMMUNITY CENTER UNLESS OTHERWISE NOTED

## **PARKS & REC**

#### **RECREATION DEPARTMENT**

## **PARK SHARKS SWIM TEAM**

As another season comes to an end the Park Sharks would like to thank this year's sponsors. Their generosity helped give the sharks a great season!

<u>Arts on Main</u>

Davdison Heating & Cooling Directional Wealth Management

Gelato Envy

LewisBuilt Contracting

Lorenzo Pasquale Hair Design

Mountain View Veterinary Hospital

Nancy Wagner Esq

Purity Water

Riverside Shoppe

**Rockaway Orthodontics** 



## **AROUND TOWN**

## **ROCKAWAY BOROUGH HISTORICAL COMMITTEE**

The Rockaway Borough Historical Committee will be sponsoring the 2023 TOWN-WIDE YARD SALE ON SATURDAY, SEPTEMBER 30 (RAIN DATE OCT 7) Registration for those wishing to participate in the event can find the forms at: rockawayborough.org/historical or by visiting the municipal building (1 E. Main St.) Deadline for participant registration is September 27, 2023 3:00pm Donation for participants is \$10.00 <u>CLICK HERE TO DOWNLOAD FORM</u>

## FIRST PRESBYTERIAN CHURCH [pcrockaway.org

## **Community Cup**

Friday, September 8th and 29th in Fellowship Hall from 6-9pm A place for tea, coffee, snacks, and community!! The Community Cup is a great time filled with opportunities for conversation, games, and other fun activities to get to know your neighbors.

## **RiseUp Community Breakfast**

Saturday, September 30th in Fellowship Hall from 8-11am Free breakfast for the community, and food and clothing resources for all in need. All are welcome!! (Last Saturday of every month)

## Homecoming Sunday (Come Join Us!)

On Sunday, September 10th Sunday School (children and adults): 9:30 am Worship Service: 10:30 am Luncheon: 11:30 am

## Fall Cemetery Tour and Cookout (Cemetery Tour Flyer) (Cookout Flyer)

Join us on October 21st from 11 am-4 pm (rain date: the 22nd from 1-5) for a tour through Rockaway's historic cemetery with live reenactors telling the stories of those who lived in and helped shape Rockaway!! A free-will donation hot dog and hamburger cookout will be happening for all from 11 am-2 pm the same day! Tickets: \$15 each, \$5 for children 10 & under, \$40 family deal Sponsored in conjunction with the Rockaway Borough Historical Committee (See links to flyers for more info) Contact the church office at (973) 627-1059 and leave a message or Rev. Ryon Herin at ryon@fpcrockaway.org for advanced tickets.

## **PREVENTION IS KEY**

## **EVENTS:**

## STD – Movies in the Park:

Our 3rd annual movies in the park event will take place September 13th! Our youth mentors are excited to connect with the community, challenge you to some yard games, share a sweet treat and watch a movie under the stars. <u>CLICK HERE FOR FLYER</u>.

## **EDUCATION:**

## **TOP Conference**

Bryan Murphy will be presenting at our annual Tackling Opioid Prevention Conference September 19th at 7:30 pm (virtually). During the presentation he will discuss the mental turmoil, emotional instability, and unified wellness, while speaking authentically of his athletic career and the Opioid Epidemic – if you would like more information, please email Nissim Hayes at NHayes@mcpik.org

## CPRS Sep

Announcing our September - CERTIFIED Peer Recovery Specialist training from September 12th – November 2nd to learn more about offering lived experience to support individuals and family members touched by problematic substance use in the community. Training scholarships are available – for more information contact PRoff@mcpik.org

## BCOR

Starting September 12th PIK will be offering a FREE opportunity to engage in an eight week course in obtaining a CPRS certificate. Take advantage of this opportunity by reaching out to Samantha Brewster at SBrewster@mcpik.org

## HEALTH DEPARTMENT

The Rockaway Division of Health & The Municipal Alliance of the Rockaways invite you to attend The Partnership for a Drug-Free New Jersey's Child Break Presentation

# Partnership for a Drug-Free New Jersey

The Partnership for a Drug-Free New Jersey's Child Break presentation is a multimedia program that informs, encourages and empowers parents/grandparents/caregivers on how to communicate effectively with children about the misuse and abuse of alcohol and other drugs. Topics and discussion about Underage drinking, vaping/e-cigarettes, marijuana use, opioids & prescription medication, risk/protective factors, and strategies parents can use when talking with their children.
Presenter: Bill Lillis, Certified Prevention Specialist & Coordinator of the Parent Education Program for The Partnership for a Drug Free NJ.

Location: Rockaway Township Free Public Library 61 Mt. Hope Rd. Rockaway, NJ 07866



September 21 at 6:30 - 7:30 pm RSVP rockawaymac@gmail.com or call Rockaway Twp Library at 973-627-2344



#### RANDOLPH TOWNSHIP HEALTH DEPARTMENT IS OFFERING:

#### Male Cancer Screening

Available to Randolph and Rockaway Boro Residents Comprehensive Male Cancer Screening Includes: Digital rectal exam, breast exam, Prostate Specific Antigen(PSA)blood test, urinalysis, blood pressure reading, Hemoccult, and health education counseling

September 26, 5:00 - 7:00 pm

Morristown Medical Center Health Pavilion 333 Mt. Hope Ave, Rockaway, NJ

Fee: \$45; \$40 for residents age 65+

PRE-REGISTRATION REQUIRED Randolph & Rockaway Boro residents call: (973) 989-7050



#### RANDOLPH TOWNSHIP HEALTH DEPARTMENT IS OFFERING:

## Female Cancer Screening

Available to Randolph and Rockaway Boro Residents

Comprehensive Female Cancer Screening Includes:

Pap test, pelvic & breast exam, mammography

referral (if eligible), blood pressure reading,

Hemoccult, and health education counseling

October 19, 2023 5:00 pm - 7:00 pm

Morristown Medical Center Health Pavilion 333 Mt. Hope Ave, Rockaway, NJ

Fee: \$55; \$50 for residents age 65+

PRE-REGISITRATION REQUIRED Randolph & Rockaway Boro residents call: (973) 989-7050



## CHEM-23/Blood Chemistry Test For Rockaway Borough Residents

O C T O B E R 13 2023 8:00-10:00 A M ROCKAWAY BOROUGH COMMUNITY CENTER 21-25 UNION STREET, ROCKAWAY, NJ 07866

> Comprehensive blood test to provide valuable information about general state of health & may be used to recommend dietary or lifestyle changes

Fee: \$35, \$25 for residents 65+

## interested residents should call: (973) 989-7050



## LIBRARY EVENTS

## September is Library Card Sign-up Month.

From borrowing books, ebooks, and audiobooks to getting homework help, learning new skills, or attending a book club or story time, a library card helps everyone do more of what they enjoy. All without stretching their budget! There's something for everyone at the Rockaway Borough Public Library, and signing up for a library card is the first step on the path to academic achievement and lifelong learning for students. It's elemental, really–everyone should have one! The Rockaway Borough Public Library, along with libraries everywhere, continues to adapt and expand services to meet the evolving needs of our community. To sign up for a library card or to learn more about the library's resources and programs, please visit http://www.rblibrary.org/.

## Time for Tots (ages 2-5)\*

Friday, September 8 11-11:45am Meet friends for books, coloring and play time!

## **Beginner English Language Learners Class\***

Mondays, September 11, 18, 25, October 2, 16, 23, 30, November 6 - 6:00-7:00 pm Adults 18 and up. Register once for the full eight week session.

## FALL STORYTIME & CRAFT w/Ms. GERI\*

Tuesdays, September 12 through October 17 ~ 11:00am. Ages 2-6. Join Ms. Geri for Fall-themed stories and crafts. Register once for the 6-week sessions.

## **AFTERNOON ARTS & CRAFTS\***

Wednesday, September 13 ~ 3:30pm. Ages 6-10. Ms. Geri is hosting a new monthly afternoon arts and crafts program for kids ages 6-10. This month we are making string art bookmarks.

## LET'S DISH!\*

Monday, September 18 ~ 1:30pm. Adults 18 and up. Geri will discuss recipes & share tips. Bring your favorite grilling (indoor/outdoor) recipe and/or your favorite summer side recipe.

## **KNIT AND CROCHET CLUB\***

Thursday, September 21 ~ 11:00am-12:30pm. Adults 18 and up. Bring your knitting, crocheting, or needlework project to work on.

## **SUNFLOWER FRAME CRAFT\***

Monday, September 25 ~ 6:00pm. Adults 18 and up. Geri will help you paint wood picture frames and embellish them with sunflowers to compliment your Fall décor.

## **BOOK LOVERS MEETING\***

Wednesday, September 27 ~ 6:30 pm Ages 18 & up. Pick up a copy of the selected book title before our meeting.

## **Drawing Class for Tweens and Teens\***

Thursday, September 28 3:30 pm Ages 10 and up Artist Leah Abrams will show students how to create fun illustrations.

## **ART JOURNALING HOUR!**

Friday, September 29, 2023 11:00-12:00

Ages 18+Come to the library to work on your art journal! Art Journals are a visual diary where you can explore memories, thoughts, feelings, emotions, etc. with any type of art you enjoy. Participants can bring

supplies from home or share ours as they work on creating a new page for their journal.

First-time art journaling participants will receive a journal of their own to use.

This hour is meant to provide your creative spirit a safe place to express itself with any manner of art that you choose. To register for events please click here.

## GARBAGE

## **ROUTE A GARBAGE THURSDAYS**

Adams Street Addison Avenue Andrea Drive Arbor Avenue Baker Street Birchwood Road Cedar Lane Centennial Drive Chester Avenue Chestnut Terrace Crestwood Road David Drive Dominic Drive Duncan Lane Easton Avenue Elycroft Avenue East Elycroft Avenue West Farview Drive Farview Road Glenview Place Harrison Avenue Hemlock Road Hickory Place Highview Avenue

## **ROUTE B GARBAGE FRIDAY**

Academy Street Adler Court Ann Street Bank Street Beach Street Broad Street Brook Street Burton Lane Central Avenue Chateau Gardens Church Street Cobb Street Dock Street Donna Drive Douglas Road Drake Avenue East Flagge Street East Main Street from Jackson Avenue easterly to Route 46 East New Street Elm Street Franklin Avenue Garden Avenue George Street Gill Avenue Halsey Avenue Hibernia Avenue Highland Avenue Hyland Avenue Kelly Court Lakeside Drive Lawrence Drive Lindbergh Lane Longview Road Mannino Drive Marshall Avenue McKinley Drive Meadowview Avenue Monroe Place Mountain Road

Hillside Avenue Hill Street Hoagland Avenue Jackson Avenue James Court Jay Street John Street Keller Avenue Kelsey Street Laurelwood Drive Liberty Place Lincoln Avenue Maple Avenue Mt. Pleasant Avenue Nichols Drive Overlook Drive Phillip Drive Pleasant Place Robert Street Rose Lane Route 46 from West Main Street to Franklin Avenue Spruce Street Stephen Place Swedes Mine Road Sweetbriar Road Sylvan Way Valley View Road W. Longview Road West Main Street from Lakeside Drive westerly to Route 46 Walnut Place William Drive White Birch Drive Willow Avenue Woodland Avenue

Marylin Drive Mill Lane Mott Place Oak Street Ogden Avenue Orchard Street Pine Street Rockaway Avenue Rockwood Drive Route 46 from East Main Street to Franklin Avenue Seminole Avenue Seward Street Short Street Stickle Avenue Summit Street Union Street Van Duyne Avenue West Flagge Street West Lincoln Avenue West Main Street from Jackson Avenue to Lakeside Drive West New Street Wall Street White Meadow Avenue Woods Edge on Route 46 Woodside Avenue Woodstone Road



## **RECYCLING COLLECTION**

**Every other Tuesday** | Place recycling at the curb the night before. See schedule below for details and exceptions.

September	12	26	November	7	21
October	10	24	December	5	19



Recycle Coach app to get official waste & recycling information from your local government.

Scan the code above with your phone or click here.

## UPDATED VEGETATIVE COLLECTION

**Every other Wednesday April-December** | Vegetative Collection includes grass, leaves and brush. Place leaves and grass in biodegradable brown paper bags or open containers with handles. Keep brush separate from grass and leaves. Do not sweep leaves into the gutter or street. Branches or brush must be tied with string in bundles not to exceed 18 inches in diameter and 4 feet in length. No limbs or brush over 3 inches in diameter will be accepted. Collections should be at the curb the night before.

September	6	20	November	1	15	29
October	4	18	December	13	27	

#### To download the full garbage and recycling newsletter please click here.